

Weekly Schedule Spring Session 2010 ~ April 5 – May 29

No classes Saturday, May 29 or Monday, May 31

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30-2:00 Sylvia Memorial Adult/Adolescent Rehab HPOT	8:30 – 1:00 Nancy/Sue Memorial Hospital Pediatric Rehab HPOT	9:00-9:45 Sylvia Semi-private Level 3 Adult	8:30– 1:00 Julie Memorial Hospital Pediatric Rehab HPOT	9:00 – 1:00 Donna Private Hippotherapy	9:00-10:00 Sue Group Level 1 Child
		10:15 – 11:15 Sylvia Group Level 2 Adult			10:30-11:30 Sue Group Level 2 Child
2:00 – 2:45 Deb Semi-private Adult or Youth	1:30-2:30 Sue Group Level 3 Adult	11:45-12:45 Sylvia Group Level 2 Adult	1:15 – 5:00 Sylvia Memorial Hospital Pediatric Rehab HPOT Donna – Private HPOT	1:30 – 2:30 p.m. Susanne Level 2-3 Military	12:00-1:00 Sue Group Level 3 Youth
3:30 – 4:30 TBA Group Level 2-3 Adult	3:30 –4:30 Sue Semi-Private EFL	1:00 – 4:45 Sue Memorial Adult/Adolescent Rehab HPOT		3:00 – 4 p.m. Susanne Level 2-3 Military	Time TBD Sue Volunteer Lessons
5:00 – 6:00 TBA Group Level 2 child	5:00 – 6:00 Sue Group Level 2-3 child	5:00- 7:00 Schooling Team		4:30 p.m. Susanne Private EFL:	

** Any class that does not fill may be subject to cancellation or combined with another class.**

New Class Groupings: *Please keep in mind that we group by ability foremost; therefore, these age and skill levels are somewhat flexible. If you are not sure which age or skill level to choose, please contact your instructor or Program Manager for clarification.*

Suggested age level breaks –

12 and under = Child

13-18 = Youth

18 and up = Adult

Level 1: needs maximum support to sit up, not able to hold objects or reins, not able to influence horse other than verbally, needs help processing/following directions and participating in activities/games.

Level 2: sits with moderate to little support at walk, able to participate in cueing horse, able to follow simple directions and participate in games and exercises, trots with support. Able to participate in a ground lesson.

Level 3: sits without support, reliable balance, able to stop, go and turn with minimum prompts at walk, able to process 3-step directions, stand in stirrups with minimal support, trot with minimal support.

Level 4: rides independently at walk (leader/companion may be at arms length). May progress to trot, canter and higher skills with little or no direct support.

Special Classes : EFL (Equine Facilitated Learning) – Class focused on horsemanship for personal growth – please call for details.