

## Weekly Schedule Winter Session 2012 ~ January 23 – March 17

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:30 – 1:00 Michelle Memorial Pediatric Rehab HPOT	9:00-10:00 Michelle Group Level 3 Adult	8:45– 12:30 Julie Memorial Pediatric Rehab HPOT	9:00. – 1:30 Liv Donna/Memorial Pediatric Rehab HPOT	9:00-10:00 Michelle Group Level 1 Child
10:00 – 1:00 Sue Cedar Springs CD unit		10:00-11:30 Sue GCC  10:30 – 11:30 Michelle Group Level 2 Adult	10:00 – 12:00 Sue Cedar Springs Adults EFP		10:30-11:30 Michelle Group Level 2 Child
	2:30 – 3:30 Sue Group Level 3 Adult	12:00-12:45 Sue Group Level 1 Adult	1:15 – 5:00 Sylvia Donna/Memorial Pediatric Rehab HPOT		12:00-1:00 Michelle Group Level 3 Youth/Adult
3:30-4:30 tbd Group Adult Level 3	4:00 – 5:00 p.m. Sue Group Level 2/3	1:00 RPCU 1:45 – 4:45 Sue Memorial Adult/Adolescent Rehab HPOT			
5:00 – 6:00 tbd Group Level 2 Child	5:30 – 6:30 Sue Group Level 2/3 Child		5:00– 6:00 Michelle Group Level 3 Youth		

\*\* Any class that does not fill may be subject to cancellation or combined with another class.\*\*

**New Class Groupings:** *Please keep in mind that we group by ability foremost; therefore, these age and skill levels are somewhat flexible. If you are not sure which age or skill level to choose, please contact your instructor or Program Manager for clarification.*

Suggested age level breaks –

12 and under = Child                      13-18 = Youth                      18 and up = Adult

**Level 1:** needs maximum support to sit up, not able to hold objects or reins, not able to influence horse other than verbally, needs help processing/following directions and participating in activities/games.

**Level 2:** sits with moderate to little support at walk, able to participate in cueing horse, able to follow simple directions and participate in games and exercises, trots with support. Able to participate in a ground lesson.

**Level 3:** sits without support, reliable balance, able to stop, go and turn with minimum prompts at walk, able to process 3-step directions, stand in stirrups with minimal support, trot with minimal support.

**Level 4:** rides independently at walk (leader/companion may be at arms length). May progress to trot, canter and higher skills with little or no direct support.

12/9/11